







• Kali Linux – a hacker's toolbox

• <u>bWAPP</u> – a buggy web application







- 🗘 Hack



PREPARING YOUR ENVIRONMENT

- New-> advanced setting, to launch .vmdk/.vmx files in Virtual Box. VMware seem to run it more seamlessly than virtual box.
- <u>Download bwapp</u> recommended to download 'bee-box' which is a complete VM ready to launch.
- Use VM host (VMware/Virtual box) to launch bee-box. Credentials: bee/bug
- <u>Download kali-linux</u>. Credentials: kali/kali (all lower case, note that the username is also case-sensitive)
- bwapp VM to make the new configurations propagate to the web server if you already started your VM.
- Launch both VMs
- On the VMs, it is recommended to open keyboard settings and change keyboard layout to Danish (or which ever language layout your keyboard uses).
- connect)
- On Kali, open a browser and connect to: http://[bwapp IP address]/bWAPP/login.php (The URL may be case sensitive)
- Set up Burp on the Kali VM as Proxy to intercept and modify traffic:
- value for security.tls.version.min to 1. You will still need to accept a warning and add an exception in your browser the first time you connect to bwapp via https.
- Verify that you can connect to bWAPP via HTTPS (see the note above)
- You are ready to hack

• Download and install VMware Player (if you already have workstation pro, it is recommended to use that). You can also use Oracle Virtual Box but you need to "use existing hard drive" under

• Go to settings for both VMs (in VMware: Player -> Manage -> Virtual Machine Settings -> Network Adapter. Choose "Host-only network connection"). Note that you may need to reboot the

• On both VMs ensure they have two different IP addresses (use 'ifconfig' in the terminal), make note of the bwapp address, (you can try to ping from Kali to bwapp VM to make sure they can

• In Firefox settings on Kali, go to Proxy: Choose "manual proxy configuration", for HTTP Proxy, enter: 127.0.0.1 and port: 8080, you can select to also use this proxy for HTTPS.

• Run command "sudo burpsuite", enter kali sudo creds ("kali") and follow default steps to run a Burp project. Ignore the JRE and version warnings. Go to the tab "Proxy", verify that the proxy settings match what you configured in firefox (127.0.0.1:8080) and under "Response interception rules" enable "intercept response based on the following rules:", close configurations and then turn on interception, go to the firefox browser, and connect to the bwapp/login.php page again (refresh if you kept the window open), you should now see the traffic being intercepted in Burp, and have to "forward traffic using the "Forward"-button – this allows you to both view and to modify the traffic before it is sent to the bwapp server.

• Note: because bwapp is relatively old and intentionally vulnerable, modern browsers will often try to block you from accessing it. For example, because bwapp does not support TLS 1.2 and 1.1, and uses a self-signed certificate, you will likely encounter errors when trying to access it using https via FireFox on the Kali VM. To fix this, in FireFox type: about: config and change the



NOTES REGARDING EXERCISES

- The bWAPP site is VERY buggy modern browsers will detect and block quite a few of the flaws you may need to exempt the site to have its certificate trusted by your browser to enable HTTPS, allow for weak crypto ciphers etc.
- Unless otherwise specified, all actions/exercises should be performed from your Kali VM with the bWAPP VM running idle in the background. This simulates the view of an attacker, who only has remote access you will see what the attacker sees and can access only the resources that the web application exposes to the kali VM.
- We use a free version of Burp Suite it times out and closes from time to time, it is not a bug but a feature (to make you pay them)

attempt at an injection attack and lead to legislative action)

Disclaimer: You should <u>NOT</u> under any circumstances use these techniques against a system that you have not expressly been granted permission to attack. (even typing ' in an input-field on a webpage could be perceived as an



HOW TO DO EXERCISES

- All exercises are done from Kali against the bWAPP Virtual Machine
- To get started with the exercises, open a browser and connect to the BWAPP portal (like you did when setting up the VMs) \bigcirc
- Authenticate to the portal using credentials: bee/bug
- You will see a scroll-box menu with a list of exercises.
- Scroll to the exercise you are instructed to and click "hack".
- You can also access exercises using the drop-down menu at the top right corner.
- This is also the place where you set the security level. \bigcirc
- The security level should normally be set to 1, but you may free-style exercises that are more difficult by increasing the security level

Many exercises requires using the browser to connect to bWAPP but we will also use other tools from Kali, such as wireshark, nmap, Burp etc.

